



Race rules 2023

Race Course

- While we make every effort to ensure that the course is well marked and marshalled, running off-course, whether by runner error, course marking error, marshalling error or any other reason, is an inherent risk to an event of this type. It's the responsibility of the runners to study the course map and to follow the course markers. Racers must complete the entire course as marked.
- Altering the course by not following the markers is against the rules and racers doing so will result in teams being disqualified from the standings.
- Headphones are discouraged and must be used at a low enough volume to hear what's going on around you.
- It is incumbent on each participant to be aware of and respect other trail users and park traffic at all times.
- The Trail Hub has a 'NO CUPS Policy'. Runners will need to carry a bottle or water bladder to get drinks at the checkpoint.

Refunds or transfers

- There are no refunds for any reason including event cancellation. The event will only be cancelled or postponed due to adverse weather conditions, T8 (or worse), Black Rainstorm or AFCD/Police decision and The Trail Hub will make every effort to reschedule the race to a later date. If the registrant can not make the rescheduled date, the registrant acknowledges that no refund will be granted.
- Transfers are possible up to one week before the race day (until midnight 5 February 2023). Any transfer is subject to a HK\$100 transfer fee. Please contact The Trail Hub for questions at admin@thetrailhub.com.

Participant Waiver

The registrants acknowledge participating at their own risk and hereby for themselves, heirs, executors and administrators, waive and release any and all rights and claims they may have as a result of having participated in this event no matter how arising including, without limitation, negligence. The registrants expressly acknowledge and confirm their understanding that their participation in this event is entirely at their sole risk and that the organizers and sponsors of the event, and their respective officers, employees, agents, and all volunteers or other persons engaged in the production of the event or otherwise associated with it shall have no liability for any damages sustained by them or any injury or loss, including personal or property loss, which they might suffer.

The registrants acknowledge that their image may be recorded (by video or photograph) during the events and they agree to the use of their name and image in broadcasts, newspapers, brochures, promotional material and other media without compensation.

* 中文版僅限參考，詳情請以英文版本為主

比賽路線 Race Course

我們將盡最大努力確保比賽的路線標示清晰完善，但在這種類型的比賽中，選手難免會面臨由於個人的疏忽，路標標示的偏差，比賽義工意外的誤導或其他無法預計的原因而導致跑離比賽路線的風險。了解比賽的路線及比賽時遵循路標是每個選手的義務。

- 選手如果隨意更改路線將會被取消排名資格。
- 不建議在比賽中使用耳機。如需要，請將音量調低至足以注意周遭發生事物的程度。
- 參賽選手務必隨時留意及專重其他行山人士同時使用山徑及道路的權利。尊重使用越野山徑的其他的人士是選手義不容辭的責任，包括給其他人士讓路及當需要借過時請禮貌的通知越野山徑上的其他人士。
- The Trail Hub 致力並堅決推動環保，補給站將不備水杯，參賽者必須自備水樽或水袋作補給之用。

退款 Refund

比賽不接受任何退款申請。是次賽事若礙於天氣，颱風(T8或更高)，黑色暴雨警告生效或因政府當局未能違背的指令而延遲或取消，The Trail Hub 將盡一切努力重新安排比賽日期。如果選手不能在更新後的日期作賽，參賽費用恕不作退還，敬請見諒。

參賽名額轉讓 Transfer

參賽名額最遲可於開賽前一週，即2023年2月5日午夜前提出申請。轉讓費用為每宗港幣100元。請電郵聯絡 The Trail Hub admin@thetrailhub.com 提出書面申請。

責任條款 Participant Waiver

參賽者敬請詳細閱讀並理解責任條款英語部分，如有任何爭議，以英文版本為準。參賽者亦同意比賽時所拍攝及錄製影像，及參賽選手名字等，將被用作賽事宣傳，媒體刊登，廣播，印刷品和市場推廣之用。