



RACE RULES

Race Course

- While we make every effort to ensure that the course is well marked and marshalled, running off-course, whether by runner error, course marking error, marshalling error or any other reason, is an inherent risk to an event of this type. It's the responsibility of the runners to study the course map and to follow the course markers. Racers must complete the entire course as marked
- Altering the course by not following the markers is against the rules and racers doing so will result in teams being disqualified from the standings
- Headphones are discouraged and must be used at a low enough volume to hear what's going on around you
- It is incumbent on the participant to be aware of and respect other trail users and park traffic at all times
- The Trail Hub has a 'NO CUPS Policy'. Runners will need to have a bottle or water bladder with you when at the checkpoints to get drinks.
- The Twins course is run at night. Therefore all participants must run with a headlamp. It is recommended for runners to run with spare batteries.

Refunds or transfers

- There are no refunds for any reason including event cancellation. The event will only be cancelled or postponed due to T8 (or worse), Black Rainstorm or AFCD/Police decision and The Trail Hub will make every effort to reschedule the race to a later date. If the registrant can not make the rescheduled date, the registrant acknowledges that no refund will be granted.

- Transfers are possible through racematix.com till one week before the race day.
- Any transfer is subject to HK\$100 transfer fee by racematix.com. Please email contact@racematix.com for questions

Participant Waiver

The registrants acknowledge participating at their own risk and hereby for themselves, heirs, executors and administrators, waive and release any and all rights and claims no matter how arising they may have as a result of having participated in this event including without limitation and negligence. They expressly confirm their understanding that the participation in this event is entirely at their sole risk and that the organizers and sponsors of the event, and their respective officers, employees, agents, and all volunteers or other persons engaged in the production of the event or otherwise associated with it shall have no liability for any damages sustained by them or any injury or loss, including personal or property loss, which they might suffer.

They acknowledge that their image may be recorded (by video or photograph) during the events. They agree to the use of their name and image in broadcasts, newspapers, brochures, promotional material and other media without compensation.

Race Course

* 中文版僅限參考，詳情請以英文版本為主

我們盡最大努力確保比賽的路線標示清晰完整，但在這種類型的比賽中，選手會面臨由於個人的疏忽，路標標示的偏差，志願者的無意的誤導或其他原因而導致偏離比賽路線的風險。了解比賽的路線圖及比賽時遵循路標是每個選手的義務。選手如果隨意更改路線將會被取消參賽。

為了參賽選手的安全起見，下列行為在比賽中是不准許的：

不建議在比賽中使用iPods, mp3s, walkmans, 及耳機，如需要，請將音量調製適中以便選手留意周圍發生的食事物；亦不建議帶寵物參加比賽。

選手將和其他遠足及越野單車人士一起使用越野徑。The Trail Hub. 會盡最大努力保證選手的安全及通知相關機構及人士有關我們的比賽。尊重使用越野徑的其他的人士是選手義不容辭的責任，包括給其他人士讓路及當需要借過時請禮貌的通知越野徑上的其他人士。

獎項

我們努力為各個組別的獲獎選手們爭取各種獎品。進一步的信息會在這裏公佈。

退款與參賽名額轉讓

比賽不設任何理由的退款，包括賽事在特殊情況下取消。本次賽事將只有在颱風 T8 或黑色暴雨警告下延遲或者取消。The Trail Hub 將盡一切努力來重新安排比賽的日期。如果選手不能在更改後的日期參賽，可以通過 racematix.com 轉讓參賽名額。但將不設退款。